

State of Iowa Employees and Spouses

Tuesday, August 27, 2013



The HeartReach Mobile Lab from Iowa Health-Des Moines is a 37 foot Winnebago that brings dedicated technicians and nurses to you to provide the most comprehensive screening for heart disease and stroke. A variety of screening tests are available to help identify your risk for heart disease and stroke. Easy and affordable.

To schedule an appointment..... **CALL: 1-866-935-5432**

For more information..... **VISIT: www.iowahealth.org/heartreach**

Screening options available:

Option 1 : Complete Screening \$95

- Ultrasound of Carotid Arteries (measures blood flow to the brain)
- Check for Abdominal Aortic Aneurysm (checks blood vessel in belly)
- Ankle-Brachial Index measure (measures blood flow in the arms and legs)
- Electrocardiogram or EKG (checks the heartbeat)
- Cholesterol Profile with Blood Sugar
- Weight and Waist Measurement
- Heart Disease Risk Survey
- Consultation with a cardiac nurse.
- If you have cholesterol and blood sugar results from the past 6 months, bring them with you and we will use them for your heart disease risk score.

Option 2: Vascular and EKG Screening \$85

- Ultrasound of Carotid Arteries (measures blood flow to the brain)
- Check for Abdominal Aortic Aneurysm (checks blood vessel in belly)
- Ankle-brachial Index Measure (measures blood flow in the arms & legs)
- EKG (checks the heartbeat)

Option 3: Vascular Screening \$75

- Ultrasound of Carotid Arteries (measures blood flow to the brain)
- Check for Abdominal Aortic Aneurysm (checks blood vessel in belly)
- Ankle-Brachial Index Measure (measures blood flow in the arms & legs).

Option 4: EKG and Cholesterol Profile and Blood Sugar \$65

- EKG (checks the heartbeat)
- Heart Disease Risk Survey
- Cholesterol Profile with Blood Sugar
- Weight and Waist Measurement
- Consultation with a cardiac nurse.

Option 5: Cholesterol Profile with Blood Sugar..... \$35

Option 6: EKG (checks the heartbeat) \$35

Option 7: Carotid Artery Screening (measures blood flow to the brain)..... \$35

Option 8: Abdominal Aortic Screening (checks blood vessel in belly)..... \$35

Option 9: Ankle-Brachial Index Measure (measures blood flow in the arms/legs) ... \$35